



Bicycle Adventures

Health & PE – All Ages

Students learn to identify various street signs they may encounter when on a bike ride.

Materials:

- Colored pens or crayons
- Print outs of the following page

Instructions:

1. Discuss with students different signs that they already know and understand. An example might be when you put your pointer finger to your lips it means, “be quiet.”
2. Then explain how road signs and traffic signals give important information too. Signs with the same meaning often have the same shape, color, or symbols. That way everyone can understand what they mean. Signs help keep us safe. Before riding your bike on the road, you need to know what the signs mean.
3. Explain each sign on the following page. Signs that are yellow-and-black or orange-and-black usually give a warning or mean caution, like “be careful,” or “watch out.”
4. Give each student a copy of the signs, have them explain what each of them means, then color them with the appropriate colors.

****Lesson Enhancement:** Have students take a trip around the neighborhood with a parent or guardian. How many of the signs they learned can they spot? How many different signs can they count? Are there signs they don’t know? What do they think they mean? Can they guess from the drawings, colors, or shapes?

